



## *History of Afternoon Tea*

*Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7<sup>th</sup> Duchess of Bedford, is said to have complained of 'having that sinking feeling' during the late afternoon. At the time it was usual for people to only take only two main meals a day: breakfast in the morning and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.*

*Later, friends were invited to join her in her rooms at Woburn Abbey. This summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for 'tea and a walk in the fields'. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room.*

*Before long, all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.*

*Many visitors from overseas still imagine that we are a nation where, in the words of the well-known song, 'at half past three, everything stops for tea'. Sadly, these days, Afternoon Tea is usually only an occasional luxury for the British; a birthday treat in a country house hotel or a welcome break from a hectic day shopping 'in town'. Luckily the tourist is still able to indulge in a little bit of British tradition for themselves.*



## ***The Grand Afternoon Tea***

*The quintessentially English tradition of Afternoon Tea is experiencing something of a revival. We're only surprised it's taken so long! Our five star elaborate Afternoon Tea is a feast for the eyes as well as taste buds.*

*Offering lovely views of the historic City Walls of York, the relaxing atmosphere coupled with attentive, unobtrusive service from our staff will all combine to provide you with an unforgettable dining experience.*

### ***Grand Afternoon Tea***

*£25.50 per person*

\*\*\*

### ***Sparkling Afternoon Tea***

*£30.50 per person*

\*\*\*

### ***Hendrick's Afternoon Tea***

*£33.50 per person*

\*\*\*

### ***Champagne Afternoon Tea***

*£34.50 per person*

\*\*\*

### ***Children's Afternoon Tea***

*£17.00 per child*



## *Sandwiches*

*Smoked salmon and dill crème fraiche on malted loaf*

*Roasted ham and grain mustard on white loaf*

*Cucumber and chive cream cheese on white loaf*

*Warm cranberry and fennel sausage roll*

## *Scones and Cakes*

*Lemon & White Chocolate Macaroon*

*Dark Chocolate & Pistachio Pot de Crème*

*Apple and Frangipane Tartlet*

*Carrot Cake, Spiced Cream Cheese and Shaved Walnut*

\*\*\*

*Plain Scone  
Blueberry Scone  
Clotted Cream  
Selection of Preserves*

*Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here.*

*We understand the dangers to those with severe allergies so have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient.*

*Please ask to speak to a team member who can provide you with this information and may be able to help you make an alternative choice*



## *Vegetarian Afternoon Tea Menu*

### *Sandwiches*

*Egg and spring onion mayonnaise on white loaf*

*Cucumber and Chive Cream Cheese on white loaf*

*Cheddar and chutney on malted loaf*

*Roasted Red Pepper, Red Onion and Hummus on  
malted loaf*

### *Scones and Cakes*

*Praline meringue*

*Dark chocolate mousse, coffee caramel and yoghurt*

*Apple and frangipane tartlet*

*Carrot cake, cream cheese and walnuts*

\*\*\*

*Plain Scone  
Blueberry Scone  
Clotted Cream  
Selection of Preserves*

*Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here.*

*We understand the dangers to those with severe allergies so have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient.*

*Please ask to speak to a team member who can provide you with this information and may be able to help you make an alternative choice*



## *Gluten Free Afternoon Tea Menu*

### *Sandwiches*

*(Served on gluten free bread)*

*Smoked Salmon and dill crème fraiche*

*Roasted ham and grain mustard*

*Cucumber and chive cream cheese*

*Egg and spring onion mayonnaise on white loaf*

### *Scones and Cakes*

*Praline meringue*

*Dark chocolate mousse, coffee caramel and yoghurt*

*Apple and frangipane tartlet*

*Carrot cake, cream cheese and walnuts*

\*\*\*

*Sultana Gluten Free Scones*

*Clotted Cream*

*Selection of Preserves*

*Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here.*

*We understand the dangers to those with severe allergies so have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient.*

*Please ask to speak to a team member who can provide you with this information and may be able to help you make an alternative choice*



**Children's Grand Afternoon Tea**

**Selection of Sandwiches**

*Ham, Jam, Cheese*

**Scones & Pastries**

*Plain/Fruit Scone  
Served with Jam and Cream*

\*\*\*

*Chocolate Brownie  
Ginger Bread Persons  
Strawberry Jelly  
Apple and frangipane tartlet*

\*\*\*

*Choice of Tea, Orange Juice or Apple Juice*

***£17.00 per child***  
*(Up to 12 years)*



## **Classic & Black Tea**

### ***The Grand Blend***

*The smooth blend of carefully selected Assam and Ceylon teas produces a strong, smooth tea that is refreshing at any time of day.*

### ***Afternoon Darjeeling***

*Fragrant tea from the gardens in the Himalayas. A cool misty climate and rich soil gives it a subtle muscatel flavour.*

### ***China Rose Petal***

*China Congou black leaf tea layered with pink rose petals for a mellow sweet-tasting tea with a wonderfully perfumed aroma.*

### ***English Breakfast***

*A special blend of teas from India and Africa. Full-bodied, rich and refreshing, with a bright inviting colour.*

### ***Earl Grey***

*Fine black tea with fragrance of Bergamot. This elegant tea was first invented as a Mandarin's gift to the second Earl Grey in the 1880s.*

### ***Lapsang Souchong***

*Unusual smoky flavor. Plucked leaves are withered in baskets over smoking wood. Perfect with spicy, salty or smoked foods.*

### ***Pure Assam***

*Finest Assam tea grown in the Brahmaputra Valley, North East India. Rich flavor with a distinctive malty taste.*

### ***Pure Ceylon***

*Mellow, golden tea with an aromatic bouquet. Slow – growing tea from the highlands of the Dimbula region.*



## **Infusions (Teabags)**

### ***Peppermint Tisane***

*Finest, purest, mintiest peppermint leaves, bursting with flavor and rich in essential oils, then gently dried to make a delightful refreshing tasty infusion. Peppermint is traditionally used to help aid digestion and clear your head.*

### ***Lemon & Ginger***

*The fragrant zing of lemon and the deep warmth of spicy ginger root are a perfect pair. It makes a deliciously invigorating infusion.*

### ***Kew Sweet Rhubarb***

*The tangy- sweet flavour of natural rhubarb partnered with the refreshing sharpness of apple and the peppy zing of blackberry leaf makes a wonderful vibrant infusion.*

### ***Organic Chamomile***

*A soothing infusion of pure chamomile. Chamomile is traditionally used to help you relax and aid a good night's sleep.*





*Our tea selection has been carefully selected using only the finest teas sourced by Taylors of Harrogate*

## **Green Teas**

### ***Gun Powder***

*A green China tea made from tightly rolled young leaves. It has its own distinct, strong taste with a smoky flavor and an aftertaste that is slightly coppery.*

### ***Jasmine***

*A flowery orange pekoe leaf tea is mixed with freshly opened jasmine flowers leaving a light and sweet flavor with a subtle perfume.*

## **Coffee (Cafetiere)**

### ***Hot Java Lava Extra Dark Roast***

*This is an extra dark and super strong roast. A rich, fierce smoky blend.*

### ***Lazy Sunday Medium Roast***

*This is a coffee for lie-ins and lazy Sundays. A medium roast blend.*

### ***Rich Italian Roast***

*This is a coffee with class, a sophisticated roast that takes its cues from the elegant blends of northern Italy.*

## **Our freshly ground house coffee**

*Americano, Flat White, Café Latte, Cappuccino, Mocha, Macchiato, Espresso*

## **Hot Chocolate**

### ***Classic Hot Chocolate***

*A perfectly smooth hot chocolate. Sweet, creamy comfort in a cup.*





## **Water**

<i>Mineral Water Still/Sparkling</i>	330ml	£2.95
<i>Mineral Water Still/Sparkling</i>	750ml	£4.95

## **Minerals**

<i>Appletiser</i>	275ml	£3.00
<i>Coca Cola</i>	200ml	£3.00
<i>Diet Coca Cola</i>	200ml	£3.00
<i>Fanta Orange</i>	330ml	£3.00
<i>Belvoir Presse</i>	250ml	£3.50
<i>Sprite</i>	330ml	£3.00
<i>Fever Tree Lemonade</i>	200ml	£3.00

## **Sparkling Wine & Champagne**

<i>Prosecco, Fiabesco, Treviso, DOC, Italy</i>	125ml	£5.95
<i>Mumm, Gordon Rouge, Reims</i>	125ml	£9.25
<i>Mumm, Rose, Reims</i>	125ml	£10.25

*For our full, extensive range of Wine, please ask for our Wine List.*

