

# WHITE ROSE LOUNGE

*afternoon tea*

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AT THE GRAND, YORK

**The Grand Afternoon Tea**

£ 25.50 per person

**Sparkling Afternoon Tea**

£ 30.50 per person

**Hendrick's Afternoon Tea**

£ 33.50 per person

**Champagne Afternoon Tea**

£ 34.50 per person

**Children's Afternoon Tea**

£ 17.00 per child  
(up to 12 years old)

## *history of afternoon tea*

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7<sup>th</sup> Duchess of Bedford, is said to have complained of 'having that sinking feeling' during the late afternoon. At the time it was usual for people to take only two main meals a day: breakfast in the morning and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later, friends were invited to join her in her rooms at Woburn Abbey. This summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for 'tea and a walk in the fields'. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room.

Before long, all fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

Many visitors from overseas still imagine that we are a nation where, in the words of the well-known song, 'at half past three, everything stops for tea'. Sadly, these days, Afternoon Tea is usually only an occasional luxury for the British; a birthday treat in a country house hotel, or a welcome break from a hectic day shopping 'in town'. Luckily the tourist is still able to indulge in a little bit of British tradition for themselves.

**Afternoon Tea is served daily, 12:00 – 15:45**

# *white rose lounge afternoon tea*

## **Amuse Bouche**

Beetroot and Goats' Cheese Macaron

Butternut Squash Soup

Mini Yorkshire Pudding

*Sage, Onion and Pork Stuffing*

## **Savoury**

Free Range Egg Mayonnaise with Rocket  
*on White Farmhouse Loaf*

Smoked Salmon, Crème Fraiche and Dill  
*on Brown Farmhouse Loaf*

Sliced Ham with Grain Mustard Mayonnaise  
*on White Farmhouse Loaf*

## **Scones**

Plain Scone

Fruit Scone

*served with*

Clotted Cream and Homemade Strawberry Jam

## **Sweet**

Apple Crumble

*Apple Compote, Chantilly Cream*

Chocolate and Orange Cheesecake

*Shortbread Biscuit, Chocolate Glaze*

Raspberries and Cream

*Raspberry Mousse, White Chocolate, Cocoa Nibs*

Lemon, Honey and Poppyseed Cake

*The Grand's Honey, Lemon and Poppyseed Drizzle*

## **Gluten-Free, Vegetarian, Vegan and Children's Afternoon Tea menus available upon request**

Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here. We understand the dangers to those with severe allergies so have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient.

Please speak to a team member who can provide you with this information and may be able to help you make an alternative choice.

A discretionary service charge of 12.5% will be added to the total bill.