

THE RISE

afternoon tea

AT THE GRAND, YORK

The Grand Afternoon Tea

£ 25.50 per person

Sparkling Afternoon Tea

£ 30.50 per person

Hendrick's Afternoon Tea

£ 33.50 per person

Champagne Afternoon Tea

£ 34.50 per person

Children's Afternoon Tea

£ 17.00 per child

(up to 12 years old)

Festive Afternoon Tea

(12th November – 31st December)

£ 27.50 per person

history of afternoon tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford, is said to have complained of 'having that sinking feeling' during the late afternoon. At the time it was usual for people to take only two main meals a day: breakfast in the morning and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later, friends were invited to join her in her rooms at Woburn Abbey. This summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for 'tea and a walk in the fields'. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room.

Before long, all fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

Many visitors from overseas still imagine that we are a nation where, in the words of the well-known song, 'at half past three, everything stops for tea'. Sadly, these days, Afternoon Tea is usually only an occasional luxury for the British; a birthday treat in a country house hotel, or a welcome break from a hectic day shopping 'in town'. Luckily the tourist is still able to indulge in a little bit of British tradition for themselves.

Afternoon Tea is served daily, 12:00 – 15:45

the rise afternoon tea

Amuse Bouche

Beetroot and Goats' Cheese Macaron

Butternut Squash Soup

Mini Yorkshire Pudding

Sage, Onion and Pork Stuffing

Savoury

Free Range Egg Mayonnaise, Rocket
on White Farmhouse Loaf

Smoked Salmon, Dill Crème Fraiche
on Brown Farmhouse Loaf

Roasted Ham, Grain Mustard Mayonnaise
on Tomato Bread

Peppered Pastrami, Horseradish Mayonnaise
on Roasted Onion Bread

Scones

Buttermilk Scone

served with

Clotted Cream and Strawberry Jam

Sweet

Apple Crumble

Apple Compote, Chantilly Cream

Chocolate and Orange Cheesecake

Shortbread Biscuit

Raspberries and Chocolate

Cocoa Nibs

Lemon and Poppyseed Cake

Poppyseed Drizzle

Gluten-Free, Vegetarian, Vegan and Children's Afternoon Tea menus available upon request

Some of our menu items contain allergens and there is a risk that traces of these may be in any other food served here. We understand the dangers to those with severe allergies so have recorded which of these menu items contain any of the 14 named EU allergens as an ingredient.

Please speak to a team member who can provide you with this information and may be able to help you make an alternative choice.

A discretionary service charge of 12.5% will be added to the total bill.