

# THE RISE

*afternoon tea*

---

## AT THE GRAND, YORK

### **The Grand Afternoon Tea**

£ 29.95 per person

### **Sparkling Afternoon Tea**

£ 34.95 per person

### **Hendrick's Afternoon Tea**

£ 37.95 per person

### **Champagne Afternoon Tea**

£ 39.95 per person

### **Children's Afternoon Tea**

£ 19.95 per child  
(up to 12 years old)

## *history of afternoon tea*

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7<sup>th</sup> Duchess of Bedford, is said to have complained of 'having that sinking feeling' during the late afternoon. At the time it was usual for people to take only two main meals a day: breakfast in the morning and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later, friends were invited to join her in her rooms at Woburn Abbey. This summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for 'tea and a walk in the fields'. Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room.

Before long, all fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

Many visitors from overseas still imagine that we are a nation where, in the words of the well-known song, 'at half past three, everything stops for tea'. Sadly, these days, Afternoon Tea is usually only an occasional luxury for the British; a birthday treat in a country house hotel, or a welcome break from a hectic day shopping 'in town'. Luckily the tourist is still able to indulge in a little bit of British tradition for themselves.

**Afternoon Tea is served daily, 12:30 – 16:30**

## *the rise afternoon tea*

### **Savoury**

Free Range Egg Mayonnaise, Rocket  
*on White Farmhouse Loaf*

Staal's Smoked Salmon, Dill & Yuzu Mascarpone  
*on Granary Farmhouse Loaf*

Roast Yorkshire Chicken Caesar  
*on White Farmhouse Loaf*

Herb Marinated Cucumber, Micro Cress Cream Cheese  
*on Granary Farmhouse Loaf*

Doreen's Black Pudding, Apple & Sage Sausage Roll

### **Scones**

Traditional Plain Scone

Sultana Scone

*served with*

Clotted Cream and Jam

### **Sweet**

Tropical 'Magnum'

*Mixed tropical fruit mousse & Valrhona passionfruit chocolate 'Magnum' lollipop*

Banana & Yuzu Caramel Tart

*Banana bread, banana & yuzu caramel, whipped coconut ganache*

Raspberry & Lychee Macaron

*White chocolate & raspberry ganache, lychee pate de fruit, raspberry gel*

Pineapple & Guava Choux

*Guava crème Chantilly, pineapple curd, lime foam*

**. Gluten-Free, Vegetarian, Vegan and Children's  
Afternoon Tea available for pre-order upon  
booking.**

**Please note this menu may be subject to change**

Some of our menu items may contain allergens and traces thereof. Please speak to a team member for further information in relation to any allergies or special dietary requirements you may have.

A discretionary service charge of 12.5% will be added to the total bill.