

# THE RISE

RESTAURANT  
TERRACE & BAR

## BREAKFAST SELECTION

£25 adults/£15 children (up to 12 years old)

### Cold Selection

Yoghurts, Fresh Fruit, Smoked and Cured Fish, Continental Cured Meats, Yorkshire Cheese, Cereals, Granola, Dried Fruit, Nuts & Seeds, Honey and Syrups

### Patisserie

Blueberry Muffin, Triple Chocolate Muffin, Ancient Grain Loaf, Danish Selection, Multi Seed Bagels, Plain Bagels, Croissants

### Kitchen Counter

Cumberland Sausage, Bacon, Scrambled Eggs, Baked Beans, Doreen's Black Pudding, Fried Bread, Tomato, Mushrooms, Hash Browns

Vegetarian and Vegan alternatives, Poached and Fried Eggs available on request at the kitchen counter

### Specialities

Omelettes, Pancakes, Waffles and Porridge can be ordered with a team member

*Some of our menu items may contain allergens and traces thereof. Please speak to a team member for further information in relation to any allergies or special dietary requirements you may have.*

*The recommended calorie intake for an adult is approximately 2000 kcal per day.*

## A LA CARTE

A la carte options are included in the buffet price, please order with a team member

### Eggs Benedict 463 kcal

Served on a toasted English Muffin, Honey Shredded Ham topped with Poached Eggs & homemade Hollandaise Sauce

### Eggs Royale 497 kcal

Served on a toasted English Muffin, Smoked Salmon topped with Poached Eggs & homemade Hollandaise Sauce

### Baked Florentine 376 kcal

Spinach and Egg baked in the oven finished with Parmesan Cheese and served with toasted sourdough

### Smoked Haddock 274 kcal

Served with Potato Hash set on Creamed Spinach with Poached Egg

### Shrimp Ceviche 203 kcal

Served with Lime, Lemon, Red Onion, Cucumber, Red Peppers, Coriander, Avocado and Mango

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